



www.couchwithchristian.com

Most Requested Presentations

- Daddy Issues x Mental Health
- Daddy Issues x Spirituality, Friendships, Parenting, Dating & Marriage
 - Roadmap to Secure Attachment
 - Group, There it is!
(Learn how to develop, implement, and facilitate a group curriculum based on ethical and evidence theory and practice)

Common Speaking Topics

- Mental Health 101
- How to Cope with Anxiety & Depression
 - Trauma 101
 - Trauma Informed Care

Fee Schedule

Speaking Services

- Keynote (up to 60 minutes)
- ½ Day Seminar (up to 4 hours)
- Full day (up to 7 hours; requires 1 hr. break)

Other Services

- Workshop series
- Professional development/training
- Consultation—Starts at \$350/hour (minimum 2 hours)

It is my intention to make my speaking services affordable and accessible because I believe finances should not be a barrier to enhancing quality care and awareness. Please contact me for a specific quote, as each engagement may require a specialized package that will fit the needs of your agency. Don't hesitate to ask about customized packages! Contact me to discuss what fee is right for you: info@couchwithchristian.com. Free phone consultation available after completing the form on the Speaking Page of my website.